



BUILDING FUTURES IN MALAWI

THE OFFICIAL NEWSLETTER FOR BUILDING FUTURES IN MALAWI

TERM 3 - 2023

STUDENT SUPPORT

ARNOLD GOT SELECTED TO A PUBLIC UNIVERSITY!



Arnold is among the five students from student support who sat for the Malawi School Certificate Examinations in 2021/2022 academic year.

Upon scooping excellent results from the examinations, he applied for tertiary education in public universities and the good news is that Arnold has been selected to study Bachelor of Arts (Education) at the University of Malawi.

Our goal is to help the less privileged students like Arnold get an opportunity to education. Arnold was considered for the program in 2020 after dropping out of school due to lack of school fees. His school fees for the four years of study was paid by Building Futures in Malawi with help from well wishers like you.

Through the Student support project we are currently supporting 30 students with school fees and learning materials.

Congratulations Arnold for making us proud!

SCHOOL FEEDING RESUMES IN MKANTHAMA



Mkanthama school resumed school feeding programme which provides nutritious porridge to all the children in the school having realized that the number of absentees increased when the programme stopped due to financial challenges. Initially the school had over 100 children registered however when the feeding programme was on hold the number dropped to 65. Now that the programme resumed, school attendance

has gone up. Currently, the school has 103 students. Building Futures in Malawi would like to thank all well-wishers for making the students look forward to school and raising attendance due to the well-wishers.

Mkanthama is located in a rural remote area of Lilongwe east in Chiwamba, the school saves a lot of school children from walking in a distance of 20 kilometres to attend the only nearest school available.



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UK TEAM DONATES BOOKS TO KAPS SATELLITE LIBRARY



Building Futures in Malawi continues to support the provision of quality education in Malawi through one of its project Minor grants; a project that focuses on building and renovating libraries as well as donating the teaching and learning materials to schools.

Kaps satellite library is a community library located in area 36, Lilongwe. The library serves about 400 people per day within its community. Due to a rise in volume of people utilizing

the library many more children are reading and writing in a safe place.

We have finished the 3rd and final term of the 2023 academic year and we continue to work with all the 6 targeted schools in Lilongwe. After a series of fundraising campaigns by Mark and Sandy in the UK, Building Futures in Malawi donated 45 syllabus books and 50 supplementary books to libraries and schools continuing to provide quality materials to its eager learners. In appreciating the donation, the supervisor of Kaps

library stated that “the library had run short of the syllabus books which are of a great importance for learning.” The children’s section in the library also received 40 story books which enabled learners of all ages to receive assistance.

Our plan is to support schools and libraries with as much as we can. We therefore would like to ask well-wishers for continued financial support so that our plan of extending Kaps library continues to be a project which can be made into a reality.

SEPTEMBER LITTLE BY LITTLE CAMPAIGN



The September 2023 Little by Little Campaign is a five-day crowdfunding campaign designed to help Global Giving partners around the world cultivate a robust network of small-dollar donors. The campaign will run from September 18 to September 22, 2023. During this campaign period all eligible donations up to \$50 per unique donor per organization will be matched at 50%, and funds will not

run out!

All donations that will be made within the campaign period will go towards student support program for the 2023-2024 academic year. Student support project helps the less privileged students with school fees and school materials to improve school dropout rate which occurs due to lack of school fees as a result of poverty.

GO FOR GIRLS COMMEMORATES WORLD MENSTRUAL HYGIENE DAY

Menstrual Hygiene is a natural part of being a healthy girl/woman. In commemoration of the World Menstrual Hygiene Day that falls on 28th May in each year, Go for Girls project organised a girl talk session while sticking to this year's theme **"Making menstruation a normal fact of life"**.

The Project Officer Teresa Masale

invited two guest speakers; a nurse and a public engagement specialist who interacted with 85 girls on misconceptions about menstrual period, abortion, sexually transmitted infections, career talk and menstrual hygiene. Girls were also advised on how to set life goals and how to remain clean when they are in menstrual periods.

The Project Officer mentioned that between August and October, 2023 she will have girl talk sessions with girls from all the seven schools that we work with. She also revealed her plans to introduce sewing clubs in all the schools with a goal of training 200 girls.



GO FOR GIRLS DONATES 800 SANITARY PADS!

Affordable and hygienic sanitary protection is not available to many girls in school. As a result, they resort to the use of unhygienic rags which puts them at risk of infections and be absent from school when they are in menstrual periods. As a way of retaining the girls in school, Go for Girls project with help from Darry Mathews donated 300 reusable sanitary pads to girls from 5 schools. In addition, Go for Girls managed to donate 500 reusable sanitary pads to cyclone Freddy victims in Ndirande, Blantyre and also donated some to school girls from 11 different schools in the southern region. One of the beneficiaries, Mwai expressed gratitude by stating that the reusable sanitary pads is a relief to her and many girls who cannot afford the disposable sanitary pads. In the just ended school term, we have managed to donate a total of 800 reusable sanitary pads to girls.





QUIZ QUESTIONS

1. What country has the highest life expectancy?
2. Which language has the more native speakers: English or Spanish?
3. How many minutes are in a full week?
4. How many elements are in the periodic table?
5. Who discovered that the earth revolves around the sun?
6. Which is the only body part that is fully grown from birth?
7. What planet is closest to the sun?
8. Where is the strongest human muscle located?
9. What is the only continent with land in all four hemispheres?
10. What colour is the flag of the United Nations?
11. What does FIFA stand for in English?
12. Who was the first Disney princess?
13. What colour are Mickey Mouse's shoes?
14. What is the capital of Egypt?
15. What is the name of the largest hot desert in the world?
16. What is the fastest land animal?
17. Which country is known for inventing the pizza?
18. What is the largest continent by land area?
19. What are the four main blood types?
20. What is the rarest blood type in humans?

Answers can be found on page 6

HOW TO DO WELL IN SCHOOL

- 1. Attend classes regularly:** Make sure you attend all classes as required because any day crucial information about an assignment might have been given, a handout might have been disseminated.
- 2. Pay attention in class:** Successful students listen carefully, take notes and jot down questions so that they can ask them at an appropriate time during a class session.
- 3. Do your homework;** Make sure to complete your assigned reading and stay on top of any work you are required to hand in. Not only will your grades suffer if you don't do your assignments, but you also won't learn as much!
- 4. See a teacher for help;** If you are really struggling with understanding a topic or keep up in class, then you should ultimately ask the person who can help you best- the teacher
- 5. Review what you are learning on a regular basis**

BEST WISHES

The Malawi School Certificate of Education (MSCE) examination is the final secondary school exam in Malawi are in progress. MSCE examinations act like a step to the university for those who do well. The examination is written by students who are completing the fourth year of secondary school. Students who pass this examination qualify for selection into public and private colleges

and universities or get absorbed into the job market. Candidates who pass this examination are also awarded with a Malawi School Certificate of Education (MSCE). Eleven students from thousands who are sitting for MSCE countrywide are student support beneficiaries. Building Futures in Malawi send best wishes to all MSCE candidates for the year 2023!



Chipezeni Nundo: 2023 Student Support MSCE candidate



Mendilina Miliyoni : 2023 Student Support MSCE candidate

SOLAR LANTERNS GIFTED TO THE BRIGHTEST STUDENTS

Studying is essential for students however it has always been difficult for rural students. Studying at night can be challenging due to lack of lighting sources. Often select few students can be fortunate enough to have proper lighting through candles and other sources of lighting. With help from Darry Matthews, solar lanterns were gifted to the highest performing students. Over 150 solar lanterns were provided, as a result many Malawian students in rural areas can use these solar powered lanterns to continue their studies at home despite the setbacks often experienced in rural areas.



LETTER OF APPRECIATION

From: The Head teacher, Mseche Community Secondary School, P.O. Box 40100, Lilongwe 4
To: Building Futures in Malawi, P.O. Box x191, Lilongwe.

18th July, 2023

Dear Sir,
I would like to express our heartfelt gratitude on behalf of the entire Mseche community for the wonderful support and assistance you have been providing to our school. Your bounty and commitment have made a noteworthy impact on the lives of our boys and girls, enabling them to pursue their education with renewed hope and enthusiasm. It is with great pleasure that I express our sincere gratitude for the precious help you extended in paying school fees and providing essential items to our students. Your financial aid has relieved the burden of educational expenses for the students and has ensured that they have the necessary resources to succeed academically.

By supporting our students to attend school without worrying about fees, you have

empowered them to focus on their studies, excel in their academic pursuits, and unlock their full potential. Furthermore, we are grateful for the additional items you provide to our students, which have had a profound impact on their overall well-being. From textbooks to stationery supplies, solar lamps and sanitary products, your commitment to meeting their different needs has been truly remarkable. Your thoughtful contributions have helped create a conducive learning environment, enabling these students to fully engage in their education and enhance their personal development.

Beyond the tangible assistance, your organization's presence in our community has served as a source of inspiration and encouragement for our students. Witnessing the compassion and generosity of organisations

like you has motivated our boys and girls to dream big and aspire to make a difference in their communities.

On behalf of the entire Mseche community, I extend our deepest gratitude to everyone involved with your organization. Your commitment to education and the empowerment of young boys and girls has left a permanent mark on our school, and we are honoured to have partnered with you in this endeavour. We hope that this collaboration will continue to flourish, enabling more deserving students to overcome financial barriers and unlock their potential.

Once again, please accept our heartfelt appreciation for your unwavering support and dedication. Your organization's contributions have touched the lives of our students and have paved the way for a brighter and more inclusive future.

With sincere gratitude,

Loyce Kamchere
(Head teacher)

QUIZ ANSWERS FROM PAGE 4

1. Hong Kong
2. Spanish
3. 10,080
4. 118
5. Nicolaus Copernicus
6. Eyes
7. Mercury
8. Jaw
9. Africa
10. Blue and White
11. International Federation of Association Football
12. Snow White
13. Yellow
14. Cairo
15. Sahara
16. Cheetah
17. Italy
18. Asia
19. A, B, AB, and O
20. AB-negative

VOLUNTEER WITH US

Get to Know Malawi

Malawi is a land locked country located in Southern Africa, nicknamed the warm heart of Africa, defined by its topography of highlands split by the Great Rift valley and enormous Lake Malawi.

It is bordered by Zambia to the west, Tanzania to the north and Mozambique to the east.

Malawi has a population of 20.4 million persons. There are 28 districts in Malawi that include 4 cities namely; Mzuzu, Lilongwe, Zomba and Blantyre. Among these cities Lilongwe is the capital city.

The economy is heavily based on Agriculture and it has largely rural and rapidly growing population.

WHO WE ARE

Building Futures in Malawi is a charity that strives to deliver and improve the quality of education in Malawi. Malawi is amongst the poorest countries in the world whereby 35% complete their primary education and only 6% complete the secondary school education. Primary school is free but secondary is not.

Our organization is making efforts to ensure that everyone receives good and better quality education regardless of their gender and background. We implement different projects in schools and communities to achieve our mission.

VOLUNTEER WITH US

Are you passionate about changing lives positively impacting people with your skill and helping them to earn? This is your opportunity.

WHO IS INVOLVED?

- 18+ year olds looking to experience what life and culture is like in a developing country
- 18+ year olds at university needing a placement (for example: those needing teaching experience, childcare experience, medical experience etc)
- Students through Enactus exchange programme
- Volunteers



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TRANSFORM A LIFE

FOR AS LITTLE AS 10\$ As a non-profit, we rely on donations to support the provision of quality education in Malawi 100% of your donation will be spent on our projects

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BFM is registered with AmazonSmile. If you shop through smile.amazon.co.uk and select Building Futures Malawi on Charitable organisations, AmazonSmile will donate 0.5% of the net purchase price of eligible AmazonSmile purchases to the charity at no cost!


GlobalGiving

We also run Fundraising campaigns through Global Giving.
For more visit buildingfuturesinmalawi/globalgiving

G·A·Y·E
GIVE AS YOU LEARN

A great way to donate tax-effectively to charities. If you are a UK employee and would like to donate to BFM straight from your gross salary you can sign up on GOV.uk

Legacy & Wills

You can also leave a charitable legacy / will to BFM email info@buildingfuturesinmalawi.org for more



For any enquiries about donations email info@buildingfuturesinmalawi.org or use the details below:

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